

2023-2024 UUCSC Helping Hands Annual Report

Helping Hands Workgroup: **Bethany Sorrentino, co-coordinator**
 Randi Marten, co-coordinator

Helping Hands is a workgroup that springs into action when there is a practical need in our congregation. The coordinators maintain a list of fellow congregants who can offer rides, meals, and other support. Please reach out to the church office or email **uuhelpinghands@gmail.com** to request a helping hand or to refer someone else from our congregation.

We continue to maintain lists of around 30 congregants willing to help with meal preparation and delivery, transportation, friendly cards or visits, etc. This year, we have had around 10 requests, most of which we were able to assist with. We have provided meals, rides, help organizing storage areas, and respite care to congregants. For the few requests that we were not able to facilitate, we were able to provide recommendations or referrals to services in the wider community that could be of use.

For the upcoming year, Randi Marten is stepping down as co-coordinator. Kelsey Ellis Briggs will be joining the team as a co-coordinator. Thanks so much to both and to all our volunteers!

With love,
Bethany Sorrentino
Submitted May 24, 2024