



Welcome to a New Year of RE!

In our weekly newsletters you will find:

- Gathering Together Video: A song, some thoughts on our theme and a cool activity
- Songs of Joy!
- Sweet Stories for RE: An audio file to listen to or video link to watch
- Soulful Connections: These are activities, projects, invitations for connection

This month's theme is Water and Renewal

Water is so precious in our lives: all life on earth drinks it every single day, it makes up 75% or more of our bodies and of our Earth and it connects every living thing through a network of waterways like a living, flowing web of relationships. This month, we celebrate water and the refreshing, live-giving force that it is.

Gathering Together: Interconnected Bubbles!

In [this short video](#), Lee will teach you our song for the week, muse about the wonders of water and then show a beautiful bubble experiment!

Songs of Joy! Flow with the Water

September is a time of renewal, of water blessings, of cleansing and beginning again. We hope you enjoy these songs and videos celebrating the importance of our sacred waters.

Our song of the week: [Oh let the water run down clear](#)

This link is an audio recording of Lee singing a song that her dear friend Lena Moon taught her. Here are the lyrics:

Oh let the water run down clear
And carry my (*fill in the blank*) to the sea
Oh let the water run on down
And carry me home

And here is Elizabeth Mitchell's version of [I've got Peace like a River](#)

Sweet Stories for RE: A Droplet of Water

In this story, you are invited to imagine life as a single droplet of water. Where you travel, how it feels, and ultimately, how you are connected to all the water of the world, and all life on the planet, throughout all time. Wow!

To listen to the story, [click here](#)

Soulful Connections: Sit with Water

Each week we will be offering an activity, project, outdoor explore or community connection to bring some of the gifts of the UU faith and of our congregation into your home. This week, let's send some blessings to the water.

We invite you to find time in your week to sit with water. It could be any amount of water, from a tiny frog pond near your house to our grand and glorious ocean. It could even be in the bathtub or a bowl of water in the kitchen. When you arrive at the water, consider offering these gifts to the water:

- Send your love and blessings, giving thanks to the water for supporting all the life on our planet
- Sing one of our water songs
- Consider our story from this week: that water in front of you is connected with all the water of the world and all of the water throughout time. What a miracle!
- If you can, bring some of that water home with you and make a small bowl of water to place in a special place in or near your home. You could use this bowl for your roses/buds/thorns sharing or any other family tradition you would like.
- Try out our water and bubbles activity from the weekly video!

We hope you are able to weave some of these offerings into the tapestry of your family days.

May they bring you joy and connection.

