

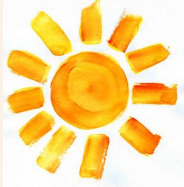


The South County UNITARIAN UNIVERSALIST

THE NEWSLETTER OF THE UNITARIAN UNIVERSALIST CONGREGATION OF SOUTH COUNTY

VOLUME 28 ISSUE 7

JULY - AUGUST 2019



Summer Sunday Services

Sunday Morning Services are at 10:00 a.m.



July 21

Hearts and Horses – *Mary Fulton*

Winston Churchill said, “The outside of a horse is good for the inside of man.” Therapeutic riding uses the power of horses to bring hope to many who deal with both physical or emotional challenges, including struggling teens, handicapped children, and adults looking for more self-confidence and higher self-esteem.

July 28

My Life in Music – *Nick Smith*

From his earliest memories, music has been an integral part of Nick’s life. It is the creative channel through which he expresses his deepest feelings and thoughts.

August 4

My Spiritual Journey: From American Baptist to Unitarian Universalist – *Etta Zasloff*

Etta’s spiritual journey has not been an easy one. Questioning, trying, and abandoning have been followed by recognizing and accepting the signs and truths that give her peace and joy.

August 11

“Unitarian Universalists Believe Whatever They Want” – *Charlie Donnelly*

If you ask a non-UU what he knows about our denomination, he’s likely to say, “They believe whatever they want.” Is that true? Sort of true? Or not true at all?

August 18

What is Justice? – *Russell Stokes*

Two of the seven Unitarian Universalist principles covenant to affirm and promote justice— “justice in human relations” and “justice for all.” Well, what is justice? Does it mean the same thing to all of us?

August 25

Uncovering Secrets from our Hymnal – *Helene Gersuny*

Singing the Living Tradition is a gold mine of musical spirituality, but probably less than half of its contents (we call them “old favorites”) are being sung at our services. Helene, who took a peripheral part in the gestation and birth of Singing the Living Tradition, has many good stories to share about both the popular and the neglected selections.

OUR HOME IS AT LILY PADS PROFESSIONAL CENTER, 27 NORTH ROAD, PEACE DALE, R. I.

THE SOUTH COUNTY UNITARIAN UNIVERSALIST

Karen R. Ellsworth, Editor

Deadline: The 20th day of each month

Material should be submitted by e-mail to kellsworth6@verizon.net

UNITARIAN UNIVERSALIST CONGREGATION OF SOUTH COUNTY

www.uusouthcountyri.org

OUR HOME IS AT LILY PADS PROFESSIONAL CENTER

27 NORTH ROAD, PEACE DALE, R. I. 02879

(401) 783-4170 • uucscri@yahoo.com

Services and Children's Religious Education on Sundays at 10 a.m.

We welcome all individuals without regard to race, color, physical challenge, sexual orientation, age, or national origin.

Staff

REV. DL HELFER, MINISTER

Office telephone: (401) 284-3321 • uucscminister@gmail.com

Bethany Vaccaro, Religious Education Director uucscdre2@gmail.com

Michael Galib, Music Director

Karen St. Peter, Office Administrator uucscri@yahoo.com

Summer office hours: Tuesday 8:00 to 11:00 a.m. and Wednesday 8:00 a.m. to 3:00 p.m.

Board of Directors

Natalie Herbermann, President (2019-2021) • Mary Fulton, Vice President (2018-2020)

Mary Alice Kimball, Treasurer (2019-2021) • Linda Dupuis, Clerk (2018-2020)

Bill Rodriguez (2018-2020) • Kai Migliaccio (2018-2020)

Dave Hurdis (2019-2021) • Rosemary Galiani (2019-2021)

Committee Chairs

Elise Bender & Betty Bogutt, Membership • Jean Bowen, Social Justice Team

Barbara Pagh & Etta Zasloff, Religious Education • Chris DePaola, Facilities

Marcia Boyd, Finance • Mary Finnegan & Nick Smith, Personnel

Susan Pavlow & Ann Seemann, Music • (vacant), Social Events

Betsy Dalton, Communications & Publicity • Dave Ruede, Stewardship

Johnnie Rodriguez, Worship • Heidi Kranz and Sarah Bell, Wellness Team

Karen R. Ellsworth, Weekly E-News editor kellsworth6@verizon.net

Johnnie Rodriguez, Coordinator, Music 'n' More at Lily Pads

LIKE US ON FACEBOOK!

<https://www.facebook.com/UUCSC>

Etta Zasloff, Summer Facebook manager

A note from the President

Dear UUCSC,

It seemed a bit strange to take over as President of UUCSC in June. June always feels like a time of year when things are winding down, not beginning. It has taken a few weeks for the idea to settle in. As I begin this term and work with people in their various roles I am amazed by the dedication of our members. We have a strong foundation that we should be proud of.

I have been a member of UUCSC for twenty years now, and this will be my first term as President. I am happy to serve this beloved congregation and will give it my all. I served on the Board of Directors under the leadership of Betsy Dalton and Linda Whyte Burrell, both of whom I admire. Betsy is organized and knows how to get things done. Linda has wonderful ideas that keep our congregation moving forward. I will do my best to stay organized and keep our congregation moving forward. I will also encourage us to take care of ourselves and each other. We have been working tirelessly to build and grow our congregation. I want us to take time to appreciate what we have accomplished and appreciate each other. We are a talented, smart and amazing group of people.

The UUCSC has been a lifeline these past few years, helping me make sense of the turbulent times. When I start to get discouraged I know that going to church will refresh me. Listening to Reverend DL's sermons inspires me and gives me hope. The lay-led sermons open my mind and teach me about the world. On Thursdays and Sundays I am touched by the beauty of the music created by Michael and the choir. I recently met with Karen St. Peter, and I now know why things run as smoothly as they do.

And believe it or not, I look forward to the third Wednesday of the month, when the members of the Board of Directors gather to plan and problem solve. I feel grateful to serve with such a talented and inspiring group.

I know we have a lot of work ahead of us, but these warm summer months remind me to pause and take in the beauty of our beloved community.

Warmly,
Natalie Herbermann



The phenomenal success of ‘Our Living Legacy’

Thanks to generous contributions from members and friends of the congregation, we are able to make a very substantial dent in our mortgage and reducing our annual mortgage payments by more than \$9,000.

UUCSC bought and substantially renovated our Lily Pads condominium unit in 2008. As of June 30, 2019, the outstanding mortgage balance was \$343,400.



In order to reduce that debt, the congregation conducted a capital campaign called “Our Living Legacy” during the past year. The goal was to retire as much of the mortgage as possible.

The Our Living Legacy team is very pleased to announce that the campaign produced pledges of almost \$300,000 to be paid over three years.

The first year’s pledges— totaling more than \$100,000—and have turned the money over to Bank Newport, our mortgage holder. As a result, our mortgage payments for the fiscal year that started on July 1 will be reduced by a total of about \$9,000.

You are invited to join one of our new covenant groups

Covenant groups, formerly known as Small Group Ministry groups, are gatherings of six to nine members who meet twice a month for about two hours to discuss topics of mutual spiritual interest. The gatherings are structured, with opening words, closing words and a format for the discussion.

Covenant groups are an excellent way to deepen one’s spirituality and get to know other members of the congregation— a win-win all around.

At each meeting, the group chooses a discussion topic for the next meeting. Each group



receives a binder with sample topics. One of the sample topics or another topic can be chosen.

Currently there are openings in each of the three new groups.

One group will meet in the morning, one in the afternoon, and one in the evening. To join a group, or just learn more, add your name to the sign-up sheet that will be on the bulletin board in the Oneto Community Room in September. The covenant group facilitation team— Rev. DL, Linda Whyte Burrell, Mary Fulton, and Val Follett— will take it from there.

For more information, please get in touch with Val Follett by phone (789-7282) or by e-mail (valeriefollett@gmail.com).

Are you interested in a flexible group for spiritual deepening?

In her book *The Places That Scare You: A Guide to Fearlessness in Difficult Times*, Pema Chodron teaches, “We can let the circumstances of our lives harden us and make us increasingly resentful and afraid, or we can let them soften us and make us kinder.”

If you are interested in helping to start a group to ponder the gentle guidance of Pema Chodron, please speak to Carol Layne. You can call her at (619) 990-1595, e-mail her at carollayne06@gmail.com, or speak to her after any Sunday service.



A different perspective on Crazy Horse at Tomaquag Museum

Crazy Horse ("His-Horse-is-Crazy"), the legendary Lakota warrior, has been the subject of many books, films, and stories since his death in 1877.

Members of the Edward Clown family, descendants of Crazy Horse's half-sister, believe much that has been written and said about Crazy Horse is inaccurate. In *Crazy Horse: The Lakota Warrior's Life & Legacy*, by the Edward Clown Family as told to William B. Matson (Layton, Utah: Gibbs Smith, 2016), descendants of Edward Clown share the oral history of Crazy Horse's life that has been passed down in their family.

Family elder Floyd Clown Sr. and author William Matson will be at the Tomaquag Museum in Exeter on Wednesday, July 24 to talk about why Crazy Horse's memory lives on. The event, from noon to 2:00 p.m., is free and open to the public. The Tomaquag Museum is at 330 Summit Road in Exeter. On FaceBook, <https://www.facebook.com/events/565141687344799>.

August Dining for Women grant recipient is 'Mama Rescue'

The August gathering of the local chapter of Dining for Women (www.diningforwomen.org) will be on Tuesday, August 6 at Gail Burchard's home in Exeter.



Susan Walsh will talk about the group's grant recipient for August, 'Mama Rescue,' which helps mothers in rural Africa access skilled and emergency obstetric care.

Gail's home is at 36 Plantation Drive, off Stony Fort Road, north of URI. All are welcome to attend and make a donation. The potluck dinner begins at 5:30 p.m. Please bring a dish to share. For more information or for directions, call Gail at 294-6789.

Hunger doesn't take a summer vacation . . .

Summer meals program donations are needed for the Jonnycake Center's food pantry. UUCSC collects food items and transports them to the Jonnycake Center weekly. During one recent week, we donated and delivered 24 pounds of food.

Suggested donation items: whole grain cereal and crackers, canned tuna and chicken, peanut butter, jelly, string cheese, yogurt (low sugar or no sugar), whole grain pasta, or brown rice.

Mary Fulton is coordinating this project. Please contact her with questions.



“Music is the sound of the
circulation in nature’s veins.”

– Henry David Thoreau

Thoreau, a Unitarian, was an author, poet, philosopher, naturalist, abolitionist, land surveyor, teacher, pencil maker, and a leader of the transcendentalist movement. He was born in Concord, Mass. on July 12, 1817.