

## The Welcome House Meal

On the second Wednesday of each month, our congregation provides the evening meal for the residents of Welcome House.

If you would like to volunteer to help, here is some useful information:

Q. Are there any dietary restrictions?

A. Please do not prepare any meal with mushrooms or nuts.

Q. What does a meal for 20 people look like?

- A. • Four pounds of pasta with sauce, and some bread  
• A six-pound roast with veggies and potatoes  
• A big pot of soup and fixings for grilled cheese sandwiches  
• A big salad.  
• Brownies and cookies are big favorites for dessert

The salad, main course and dessert need not complement each other, as anything not eaten can be used the next day in the soup kitchen.

Q. What time can I deliver the meal I prepared?

A. Meals can be delivered any time during the day you are scheduled.

Please put a label on the meal saying that a member of UUCSC contributed the meal and:

- what is included in the meal
- what the ingredients are
- the cooking instructions

Q. Is there anything else we can do for our neighbor Welcome House?

A. There are many needs at Welcome House, and limited resources.

Welcome House operates on an extremely tight budget, and that budget has shrunk in the past several years, so any financial donations are welcome.

Welcome House also needs volunteers, particularly after storms, to clean up the driveway and grounds.

If you are hosting a party or similar function, you can contribute leftovers, as they can use them in the soup kitchen.

Q. How can I contact Welcome House?

A. The phone number is 782-4770.